

During 2002 and 2003 Michael Pryke served as my executive coach. During this period in my career, I was a senior manager at (Global Auditing Practice). I required focused advise and assistance to achieve my next career goal – that of becoming a director at my firm and ultimately assisting me to achieve work-self-actualization.

At the time, there were limited role models at my employer, whom I felt could guide me in my career development. I required the assistance of someone who had had experience in mentoring young professional woman, and who would be able to advise on mastering emotional intelligence, overcoming personal barriers, and enhancing self-belief. During our interactions, Michael assisted me, very successfully, in these areas.

I was promoted to “director” in July 2003.

Michael’s contribution to my personal development and career-growth was invaluable. As result of him being married for more than 30 years, and having raised two daughters he was very well positioned to understand and empathise with the uncertainties, frustrations and insecurities of a developing career woman. The combination of his several years’ experience in the business world, as well as his “emotional intelligence” coaching, made a dramatic impact on me. Michael taught me self-belief, self-respect and emotional “management”. I have utilised these attributes every day of my life since then. I will be forever grateful for the role he has played.